

Phoenix Therapies

Price List as of 1st January 2016 – prices are subject to change

Telephone: (08) 9303 9111

Pregnancy Massage & Maternity Care

My name is Vicki Hobbs and I am a highly qualified remedial massage therapist who “specialises” in pregnancy massage, which means that I have undertaken specialised (and ongoing) training in pregnancy massage, and I am separately covered by insurance for pregnancy massage, so you can be guaranteed that you are in safe hands.

My massage is therapeutic but also designed to treat specific areas of pain and discomfort while also helping to calm and relax the mum.

At every appointment I will spend 15 minutes doing a consultation prior to your massage, so that I can find out what changes have occurred since your last visit then your massage time will start. You will also choose whether you would like to use plain organic camellia oil (no nuts to avoid the risk of allergies) or our specially blended safe pregnancy essential oils for more therapeutic benefits.

PREGNANCY / POSTNATAL MASSAGE

1 hour Pregnancy Massage	\$120
1 ½ hour Pregnancy Massage	\$160
1 ½ hour Induction massage	\$160
1 hour postnatal massage	\$100

MEDITATION FOR PREGNANCY (1 hour)

Group sessions (includes 6 sessions)	\$180.00
Private sessions (per session).....	\$100.00

HYPNOBIRTHING

This pregnancy and birth hypnosis program combined with positive childbirth education will help assist you in creating a more relaxed, natural and calm birth regardless if you birth in a hospital, at home, water birth or caesarean section.

Group sessions (4 x 3 hour sessions or 2 x full days)	\$550.00
Private sessions (4 x 3 hour sessions or 2 x full days)	\$800.00

HYPNOSIS FOR PREGNANCY & BIRTH

Hypnosis and relaxation techniques for fertility, pregnancy, labour, birth & beyond

Private Session (allow 2 hours)	\$200.00
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BEAUTIFUL BIRTHING JOURNEY WORKSHOP

This workshop will feature both natural and medical practices, labour positions, induction focus points, massage and useful information so that you can make confident, informed decisions for your own peace of mind. For a workshop outline please go to our website and click on the “Labour & Birth” page to download the information and registration form.

One day workshop (per Couple).....	\$300.00
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