



ARE YOU A POSITIVE THINKER?

Do you say and think more positive thoughts than negative ones? Do you feel positive and motivated about your job, your relationships, yourself? Do you feel like you deserve an abundance of prosperity, love and health? Do you feel happy and content with your life? Do you know how to relax and live a stress free life? Do you feel empowered?

*If you answered **NO** to any of these questions then you should attend our "Heal Your Life Transformational Workshop".*

This workshop allows you 2-days to focus on positive life changes and includes:

- ❖ Positive Affirmations
- ❖ Identifying and releasing negative thoughts
- ❖ Loving yourself unconditionally
- ❖ Self-Esteem and Confidence
- ❖ Mind / Body Link
- ❖ Meditation and Visualisation techniques
- ❖ Your Inner Child
- ❖ Health and Wellbeing
- ❖ Relaxation Techniques to stress less and live well.

Saturday 19th February & Sunday 20th February 2012
9:30am till 5:00pm both days
**\$350 (includes lunches, morning/afternoon teas,
workshop notes, journal & much more!)**

For more information or to register please contact:

Vicki Hobbs at Phoenix Therapies

Phone: 9303 9111

Email: phoenix.therapies@bigpond.com



This 2-day workshop is designed to give you the tools to help release negative thoughts and break through layers of old conditioning and belief patterns, which may be limiting your life or making you unwell. This workshop will give you relaxation techniques to “stress less” and “live well” and allows you to focus on positive life changes - become empowered about yourself and your life!

DATE: Saturday 19th & Sunday 20th February 2012
TIME: 9:30am till 5:00pm
VENUE: Ashdale Early Learning Centre
15 Ashdale Boulevard, Darch
(*opposite Medical Centre at Darch Plaza on Kingsway*)
CONTACT: Vicki Hobbs (08) 9303 9111
EMAIL: phoenix.therapies@bigpond.com

Your investment in this workshop is \$350 for both days and includes morning /afternoon teas, healthy lunch, fruit, work book, handouts, journal and facilities. A deposit of \$50 is required to confirm your registration and then the balance of \$300 is payable 7 days prior to the workshop. Please complete the registration form below and return along with your deposit to:

Vicki Hobbs, Phoenix Therapies
Shop 16, 225 Kingsway Road, Darch WA 6065

Alternatively you can direct debit or pay by credit card as follows:

CHEQUE: Please make cheques payable to **PHOENIX THERAPIES**

DIRECT DEBIT: **BSB** 016-353 **ACCOUNT** 4895-98502
NAME: PHOENIX THERAPIES
DESCRIPTION / DETAILS - PUT YOUR NAME

CREDIT CARD: Please ring for a credit card authorisation form

(Cut here and send information below to Phoenix Therapies)

Please reserve my place at the Heal Your Life Workshop being held on 19th & 20th February 2012.

Name: _____

Address: _____

_____ Postcode _____

Telephone: _____

Email: _____